

## The Do Run-Run Race Directors Report

ARC Members,

On May 12, the Anchorage Running Club completed its first race event for 2010 and all in all I think it was a success. I will concede that initially registration was having some issues with a shortage of forms being compounded by the fact the race director, yours truly, was absent from the scene distributing volunteers along the trail. Thankfully Ed Wilson and Betty Cronin were there to lend their race directing experience, take registration by the horns, and solve the problem (Oh! And a special thank you goes out to Felix Torres of the Comfort Inn Ship Creek who benevolently made complimentary copies of forms for us). With that being said, it seemed that everyone that was there (racers, spectators, and volunteers) enjoyed the event. Some participants commented that locating the start of the race was a little difficult but using that trail with its wonderful bridges and tunnels adheres to one of the clubs goals of providing its members with fun and unique runs. The Municipality of Anchorage only completed the final phase of the Ship Creek Trail extension in 2008 so using it may give many of our runners exposure to a new unknown venue.

The grayness of the day influenced me to change the snack menu from the ice cream people seemed to so thoroughly enjoy last year to some swell tasting cookies instead. If I knew that it was going to actually be 10-15 degrees colder than last year with a 10 mph wind I would have also had some coffee available for the volunteers but other than that, Mother Nature cooperated fully. It didn't rain and the cow moose that was hanging around the 1 K mark stayed off the trail. Admittedly the steady breeze and cooler temperatures probably kept some of our would be racers away. Officially, the race turnout was a little lighter than last year but all 67 runners/walkers that endured the weather happily completed the event. This included three ladies from the Pyle family, who, being caught up in the exuberance of the festivities, at the last minute (meaning there wasn't enough time to issue them bibs so we weren't able to give them an accurate time) decided to do the Across the Big Bridge 3 K. But with that exception, I think participants felt the results were quick and accurate. I encourage all our members to view the results at the link below and look for friends, family, and possibly your dreaded competitors☺. If you weren't there you certainly missed out on enjoyable evening of running.

Finally, I would like to thank the many volunteers that assisted with so many aspects of the race. If it weren't for them or the support of our membership a successful event like this wouldn't have been possible. Thank you very much.

George Gates

PS A participant or volunteer left an item of clothing at the race start which I am currently driving around with in my car so if anyone would like to claim their jacket please let me know.

Anchorage Running Club  
Do Run Run Results  
May 12, 2010

**Across the Big Bridge 3 K**

Women

1	Glenda Pyle	Fastest
2	Cynthia Hobbs	Faster
3	Debra Rusler	Fast

Men

1	Dan Montoya	13:32
2	Dion Susook	16:04
3	Daniel Susook	17:50
4	Walter Blajeski	20:30
5	Aaron Susook	24:09
6	Jonathan Susook	24:33

**Do Run-Run 4 Miler**

Women

1	Wendy Mitchell	30:03
2	Janet Morrone	33:32
3	Susan Kuhn	34:19
4	Katie Sechrist	34:31
5	Cheryl Duda	35:04
6	Melissa Banker	35:59
7	Suelyn Van Brunt	36:06
8	Kim Baldwin	36:06
9	Sissy Adams	36:24
10	Marlys Morton	36:40
11	Cheryl Bonnecaze	37:53
12	Heidi Byrd	39:25
13	Rebecca Swensen	40:49
14	Michelle Semerad	41:53
15	Lorna Collins	43:08
16	Holly Weiss-Racine	43:32
17	Louanne Zym	44:17
18	Vicki Finke	45:22

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**Do Run-Run 4 Miler**

Men

1	Sam Tilly	22:40
2	Lloyd Raines	24:55
3	Jeffrey Johnson	25:23
4	Timothy Johnson	26:51
5	Toby Widdicombe	28:14
6	Steve Dwyer	31:16
7	Joe Klein	31:20
8	Jay Liggett	31:41
9	Dan Baldwin	32:05
10	Jim Leonard	32:34
11	Gregory Dixon	33:09
12	Paul Schrooten	33:34
13	Steven Pyle	33:53
14	Mike Beller	34:31
15	David Todd	36:20
16	Songho Ha	39:11

**Up The Creek 7.5 K**

Women

1	Debbie Cropper	29:59
2	Brandy Curtis Richards	35:15
3	Jennifer DuFord	36:05
4	Susan Crowley	38:36
5	Pam Barbeau	41:10
6	Anna Parkinson	41:23
7	Valerie Blajeski	41:28
8	Hannah Torkelson	41:43
9	S.J. Lee	43:29
10	Beth Kleweno	46:05

Men

1	Timothy Tenne	26:07
2	Robert Hayes	32:37
3	Ben Bell	32:58
4	Fred Balasi	34:56
5	Matt Nedom	35:03
6	Connor Crowley	36:53
7	Wally Powers	37:43
8	Lee Weikert	38:27
9	Jeff Frizzell	40:26
10	Ed Banas	40:53
11	Brandon Ricks	41:41
12	Bill Kane	42:21
13	Jerry Sumabat	44:12
14	Greg Morgan	45:02

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**Volunteers**

The above results couldn't have been possible without the help of the following volunteers that helped set-up and tear-down besides assigned duties (and if I missed anyone I am truly sorry):

Lela Benson	Finish Chute Operations
Jenny Byrne	Signs, Results Display Board
Betty Cronin	Registration, Refreshments, Select Timer
Rich Dale	Finish Chute Operations, Stringer
Renee Everhart	Signs, Registration, Results
George F Gates	Parking Attendent
Ginny Gates	Finish Chute Operations
Jill Gates	Registration, Cheerleader
Dustin Hawes	Timing, Display Clock
Phil "the Muscle" Jentzen	7.5 K Turn Around, Trail Security
Bridget McBride	3 K Turn Around, Trail Sweeper
Chris Myers	4 Mile Turn Around, Trail Sweeper
Elaine Nelson	Registration, Stringer
Flora Teo	Registration, Results
Charles Utermohle	Course Layout, Distances, Timing
Ed Wilson	Registration, Photography