



## Peak Performers and Friends Weekly Email

November 17, 2017

Peak Performers and Friends -- Give thanks and enjoy! ☐

### Saturday Training Runs:

#### Postmark Run

Meet at Postmark Drive/West Northern Lights for an out and back starting at 8:00 am. It's about 7.5 miles, if you go to road's end. Coffee at Rustic Goat afterwards. Hope to see you there!

#### Happy Fun Group

In **November** the Happy Fun Group will meet each Saturday at 9:00 a.m. at the **Abbott Loop Community Park** located along Elmore Road about a half mile south of Lore Road -- in the northeast corner of the parking lot, near the picnic A-frame,

We are looking for a new breakfast/lunch place to eat after running/walking, so if you are just coming to eat it would be best to call the cell number below first, so you don't end up at the wrong place. If you need further directions or more information, email Rich Wenrich at [rjwenrich@aol.com](mailto:rjwenrich@aol.com) or call [907-223-8337](tel:907-223-8337).

### Featured Race Events:

For additional race listings and out-of-town events, visit the [Alaska Runners Calendar](#) online.

#### Thursday, Thanksgiving Day

**Turkey Trot** - Anchorage

5k Race & 3k Kids' Run & – One loop course

Race time: 5k at 10:30 a.m.; 3k at 10:40 a.m.

Donate Food to the Food Bank of Alaska

[www.skinnyraven.com](http://www.skinnyraven.com)

## Coming Up

**Santa 5k Fun Run** - Saturday, 12/9, Chugiak

All profits will be used to purchase gifts for Alaskan teenagers in foster care.

Info & registration at [ChristmasTowneAlaska.com](http://ChristmasTowneAlaska.com)

**Jingle Bell Run/Walk** - Saturday, 12/9, Anchorage

5k fundraiser for the Arthritis Foundation.

Wear your jingle bells and/or holiday costume.

[Info & registration](#)

*Anyone interested in having a group run or other running-related message listed in the Peak Performers & Friends (PP&F) Weekender can submit the particulars by email to [Akpeaksmail@gmail.com](mailto:Akpeaksmail@gmail.com). Or, contact Pam Barbeau at [pambarbeau@gmail.com](mailto:pambarbeau@gmail.com) or [907-230-1427](tel:907-230-1427).*