

Anchorage Running Club  
2014 Master's 5K/10K Results 7/16/2014

<b>5K Men</b>	<b>Name</b>	<b>Time</b>	<b>Age Group</b>
	1 Bob Davis	21:07.8	60-69
	2 John Brewer	22:39.1	50-59
	3 Dan Baldwin	22:58.1	40-49
	4 Todd Heverling	28:38.9	50-59
	5 Brian Chronister	29:03.6	60-69
	6 Richard Henderson	29:04.8	60-69
	7 Paul Schrooten	30:10.5	50-59
	8 Rich Hull	34:36.7	70-79

<b>5K Women</b>	<b>Name</b>	<b>Time</b>	<b>Age Group</b>
	1 Veronica Beagan	23:56.2	50-59
	2 Michelle Semerad	27:05.8	40-49
	3 Kim Baldwin	30:09.6	50-59
	4 Suzanne Hull	33:41.0	40-49
	5 Shelly Keown	34:38.2	50-59
	6 Teresa Hull	34:55.7	70-79
	7 Louanne Lum	36:16.3	50-59
	8 Tami Deleon	43:30.2	50-59

<b>10k Men</b>	<b>Name</b>	<b>Time</b>	<b>Age Group</b>
	1 Jim McDonough	37:31.3	40-49
	2 Scott Clemetson	39:40.6	50-59
	3 Orrin Burton	42:29.5	40-49
	4 Stan Flagel	44:28.6	50-59
	5 Ted Eischeid	45:00.6	50-59
	6 Randy Green	46:49.3	50-59
	7 Greg MacDonald	48:45.6	50-59
	8 Daniel Willman	49:53.1	40-49
	9 Matt Childs	50:26.9	40-49
	10 David Rand	50:48.1	40-49
	11 Max Salazar	50:48.7	40-49
	12 Jim Leonard	58:37.1	60-69
	13 Ed Hills	1:05:53	50-59

<b>10K Women</b>	<b>Name</b>	<b>Time</b>	<b>Age Group</b>
	1 Cindy Freistone	47:01.3	50-59
	2 Jenifer Kohout	47:21.1	50-59
	3 Laura Downey	50:16.2	50-59
	4 Jennifer DuFord	54:50.0	40-49
	5 Leslie Boughton	55:33.6	40-49
	6 Amy Hall	1:03:50	40-49
	7 Dianna Clemetson	1:05:11	40-49
	8 Carol Baer	1:14:20	50-59
	9 Judy Krier	1:23:53	50-59