

Anchorage Running Club
2014 Master's 5K/10K Results 7/16/2014

| 5K Men | Name | Time | Age Group |
|---------------|---------------------|-------------|------------------|
| | 1 Bob Davis | 21:07.8 | 60-69 |
| | 2 John Brewer | 22:39.1 | 50-59 |
| | 3 Dan Baldwin | 22:58.1 | 40-49 |
| | 4 Todd Heverling | 28:38.9 | 50-59 |
| | 5 Brian Chronister | 29:03.6 | 60-69 |
| | 6 Richard Henderson | 29:04.8 | 60-69 |
| | 7 Paul Schrooten | 30:10.5 | 50-59 |
| | 8 Rich Hull | 34:36.7 | 70-79 |

| 5K Women | Name | Time | Age Group |
|-----------------|--------------------|-------------|------------------|
| | 1 Veronica Beagan | 23:56.2 | 50-59 |
| | 2 Michelle Semerad | 27:05.8 | 40-49 |
| | 3 Kim Baldwin | 30:09.6 | 50-59 |
| | 4 Suzanne Hull | 33:41.0 | 40-49 |
| | 5 Shelly Keown | 34:38.2 | 50-59 |
| | 6 Teresa Hull | 34:55.7 | 70-79 |
| | 7 Louanne Lum | 36:16.3 | 50-59 |
| | 8 Tami Deleon | 43:30.2 | 50-59 |

| 10k Men | Name | Time | Age Group |
|----------------|-------------------|-------------|------------------|
| | 1 Jim McDonough | 37:31.3 | 40-49 |
| | 2 Scott Clemetson | 39:40.6 | 50-59 |
| | 3 Orrin Burton | 42:29.5 | 40-49 |
| | 4 Stan Flagel | 44:28.6 | 50-59 |
| | 5 Ted Eischeid | 45:00.6 | 50-59 |
| | 6 Randy Green | 46:49.3 | 50-59 |
| | 7 Greg MacDonald | 48:45.6 | 50-59 |
| | 8 Daniel Willman | 49:53.1 | 40-49 |
| | 9 Matt Childs | 50:26.9 | 40-49 |
| | 10 David Rand | 50:48.1 | 40-49 |
| | 11 Max Salazar | 50:48.7 | 40-49 |
| | 12 Jim Leonard | 58:37.1 | 60-69 |
| | 13 Ed Hills | 1:05:53 | 50-59 |

| 10K Women | Name | Time | Age Group |
|------------------|--------------------|-------------|------------------|
| | 1 Cindy Freistone | 47:01.3 | 50-59 |
| | 2 Jenifer Kohout | 47:21.1 | 50-59 |
| | 3 Laura Downey | 50:16.2 | 50-59 |
| | 4 Jennifer DuFord | 54:50.0 | 40-49 |
| | 5 Leslie Boughton | 55:33.6 | 40-49 |
| | 6 Amy Hall | 1:03:50 | 40-49 |
| | 7 Dianna Clemetson | 1:05:11 | 40-49 |
| | 8 Carol Baer | 1:14:20 | 50-59 |
| | 9 Judy Krier | 1:23:53 | 50-59 |